

Class of 2027

Freshmen Parent Meeting

Presented

by

Counselors

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Agenda

- Transition Tips
 - Tips to help your student adjust academically and socially
 - Counseling services
 - Misc Items
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Goals For Freshman Year

- Build a strong academic record by taking the correct level of classes and doing well.
- Become involved in co-curricular activities
- Get to know your peers



The High School Transition Is

- Different for each of your students
- Different for you for each of your students
- Can be emotional for everyone in the family
- Feels like a series of 'to-do' lists
- A process that takes time

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Challenge vs Support

- Balance “challenge and support (resources) so that student continues to thrive
- Too much support and not enough challenge, the student disengage and let you do everything because it is easier to let you do it.
- Attend parent events even if you have had several students go through Marist as things change.

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Emotions of the Transition

- Concerns and anxiety making new friends
- New culture
- Ability, and competence are **universal** for students (and you)

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How To Help Your Student Academically

Marist students are DEEP

. DEEP

- Disciplined
- Engaged
- Ethical
- Precise



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Disciplined

- “Show Up” for class, this means don’t put work off until later, or it will pile up.
- Treat classes like it is a job must complete before you get paid
- Show up with a good attitude and get to work.

Create a regular study space & stay organized



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Set up a dedicated learning environment for study.

Study in chunks 15-20 minutes, take a break

Know exactly where important paperwork is located – keep everything

Set up a calendar with all important dates.

Eliminate Distractions



Students will be faced with many distractions that can easily derail their studies.

Find a Strategy that works best, listen to music, find a quiet study space, turn cell phone off and put away only open websites for study and avoid surfing the web.

Actively Participate Engaged

Engage in class discussions

Ask Questions

Use teacher office hours often

**Check class folders not just recent feed
on schoology**

If you feel like you are falling behind speak up, don't wait until your assignment is due to speak up.

Email or schoology message your teachers and be proactive in asking for help!



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Ethical & Precise



Create your own work



Plagiarism - copying homework or internet, apps



Precise – take time to review and edit work prior to submission listen carefully

Stay Mentally & Physically Healthy

Students will be spending a lot of time on their iPad it is important to stay healthy.
Remember to:

Take breaks

Go on walks- It's important to move

Schedule distractions

Get the recommended amount of sleep

Eat foods that nourish your bodies



How To Help Your Student Socially

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Join Something –
require it

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Bring your student
to games, activities,
homecoming and
retreats

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Be confident that
Marist is the school
for your student

College Ready Skills

More than Academics 4 quadrants

Academic skills

- Manage time
- Produce high quality work
- Maintain a growth mindset
- Apply what you've learned

Social-Emotional Skills

- Regulate emotions/behaviors
- Show empathy for others
- Maintain positive relationships
- Work in teams, manage conflict

Positive Coping Skills

- Ask for help when struggling
- Develop a network of support
- Prioritize restorative activities
- Learn from mistakes

Life Skills

- Cook, clean, do laundry
- Manage money
- Network
- Maintain self-care

Tips From Teachers

- Math – practice problems to study for tests not just reading your notes
- History Terms – start early as soon as they are posted in the classroom
- Check class folders everyday prior to the class
- Come prepared to class – ready and working
- Fully charged iPad
- Be on time to school and class
- Read through the weekly plan
- Be Brave, make mistakes & learn from them
- Get help early and often
- Give students confidence and ownership of their work and efforts
- Use teacher office hours
- A collaborative relationship between parents and educators on behalf of learners is powerful

9th Grade Focus- Transition

- **Making connections/social adjustment to high school**
- **Transition from middle school to high school – organization and forecasting**
- **Tools for academic success**
- **Self Advocacy**
- **Scheduling for sophomore year**

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Academic Advising

- Scheduling for success and balance
- Assists all students with developing academic and personal/social goals
- Forecasting
- Credit Recovery
- Supports all students with resources and/or development of study skills and test-taking strategies

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Individualized Student Support

- Office hours are usually 8am – 3:30pm
- Appointment times can also be made
 - Message your counselor
- Peer relationships, conflict resolution, effective social skills and decision-making
- Development of self-advocacy skills
- Attendance
- Crisis support
 - Connecting families with community resources-Peace Health
 - Liaison between the school and outside counselor

Service

Freshmen Year (5 hours each semester)

Happens in theology classes

- Service to Family
- Service to extended family, neighborhood and community





- Advisory Period is intended to provide students space to:
 - -*get organized and focused*
 - -*get information*
 - -*build community and connect with peers*
 - -*have contact and support with/from an additional adult*
 - -*access details and tasks related to grade level*



General Dress Code Requirements

- Private body parts and undergarments of any kind must be covered at all times; Sheer or see through clothing is not allowed.
- Body-piercings (other than earrings and nose piercings) and visible tattoos are not allowed.
- Pajama bottoms and sleepwear are not allowed.
- Shorts, dress and skirt length must be no shorter than 4 inches from the top of the knee cap.
- Rips in jeans that are above fingertip length must be patched or have denim or material behind the rips.
- Unacceptable hair colors would be shades of pink, purple, and blue. When in doubt please ask.



Front & Back View are the same

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Communication Tools

- School Calendar – Marist website
- Newslines- emailed each month
- Email communication
- Schoology – Information available on the Marist iPad support web page.
- Spartan Spear – weekly electronic school newspaper
- College Planning site – Marist website

Who To Talk To?

- If your student is struggling in a class? – Teacher then counselor
- Academic Affairs – Mr. Andrew Oldham
- Absences – Mrs. Adriana Gardner
- Peer issues – Counselors
- School safety - Mrs. Stacey Baker
- Behavior – Ms. Cynthia Saras
- Christian Service – Theology teacher